



Sydney **Drug Education** & **Counselling** Centre

Family Support

Substance use doesn't just affect an individual, it affects the whole family.

As a family inclusive service, SDECC offers support for parents affected by their young person's alcohol and/or drug use.

Our services are free and confidential.

A Medicare card is not required.

Talk to us

Call 02 9977 0711

sdecc.org.au



Paving Ways

Paving Ways is a six-week group for parents/carers who are experiencing the effects of their child's/dependant's problematic alcohol and/or drug use.

It is a safe and supportive environment for parents/carers to explore strategies and skills to manage their own stress and the behaviour of their child/dependant.

We can offer follow up counselling sessions for one or both parents or carers to assist you with implementing the content you have learned in Paving Ways into your home and life.

SDECC is a self-referral service; if you are a parent or carer needing support please get in touch.

We also accept agency referrals.

Get in touch

P: 9977 0711 | E: admin@sdecc.org.au | W: sdecc.org.au

SDECC offers services at various locations across the Sydney North area; including **St Leonards, Hornsby, Ryde, Manly** and **Avalon**. Get in touch with us to find out more.

