



‘sdecc’

Sydney **Drug Education & Counselling** Centre

Support For Young People

Counselling is a great way for you to talk about tricky areas in your life such as alcohol and/or drug issues.

If you're between the ages of 12-25 and want to make some changes to your alcohol or drug use, we can help.

Our services are free and confidential.

A Medicare card is not required.

Talk to us

Call 02 9977 0711

sdecc.org.au

What you can do right now

Reach out to our friendly team either by calling 02 9977 0711 or by using our online contact form available at sdecc.org.au. Otherwise, you can ask your school or doctor, or other people you might be getting support from, to make a referral with you.

What's it like to come to SDECC?

We have comfortable rooms to chat in with couches, snacks, hot chocolate or coffee. The first time you come in we might chat about things like:

- Who you are
- How things are going for you
- What's going well in life and what you might wish was different
- What will happen next

It's up to you what you want to share and what you don't.

You can find our referral form on our website, sdecc.org.au

Get in touch

P: 9977 0711 | **E:** admin@sdecc.org.au | **W:** sdecc.org.au

SDECC offers services at various locations across the Sydney North area; including **St Leonards, Hornsby, Ryde, Manly** and **Avalon**. Get in touch with us to find out more.

